# Support Services

Information webinar about support services of the University of Turku 18.11.2024

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# Get ready to apply at Virtual Open Week!

#### 30+ live sessions in 5 days!



Get tips and guidance from admissions staff



Learn about available programmes from professors and study advisors



Gain insight from UTU alumni and current students



Chat with current students all week long

- Recordings and presentations available until 6 December
- <u>utu.fi/vow</u>



## **Topics of today**

- Reasons to choose Finland and Turku
- Support services offerred by the University of Turku (and affiliates)
- Questions?



# Why choose Finland?



Safe and stable everyday life
Four seasons and pure nature
Beautiful and modern campuses
Student unions look after students' interests
Moomins, heavy metal, Northern Lights...
– share your reason in the chat!

> InfoFinland

> ThisisFINLAND

> VisitFinland

## Safe, peaceful and modern study destination aiming for a sustainable future.

#### #1 Happiest country in the world

- seven years in a row
- UN World Happiness Report, 2024

#### #1 Political and civil freedom

- Freedom in the World 2024 Report, Freedom House, 2024

#### **#1 Sustainable Development**

- Sustainable Development Report 2024

#### **#2 Green Future**

- The Green Future Index 2023, MIT Technology Review

#### **#2 Least Corrupt**

- Transparency International, 2023

#### #3 Work-life balance

- Kisi Work-Life Balance Index 2022

> More information about Finland



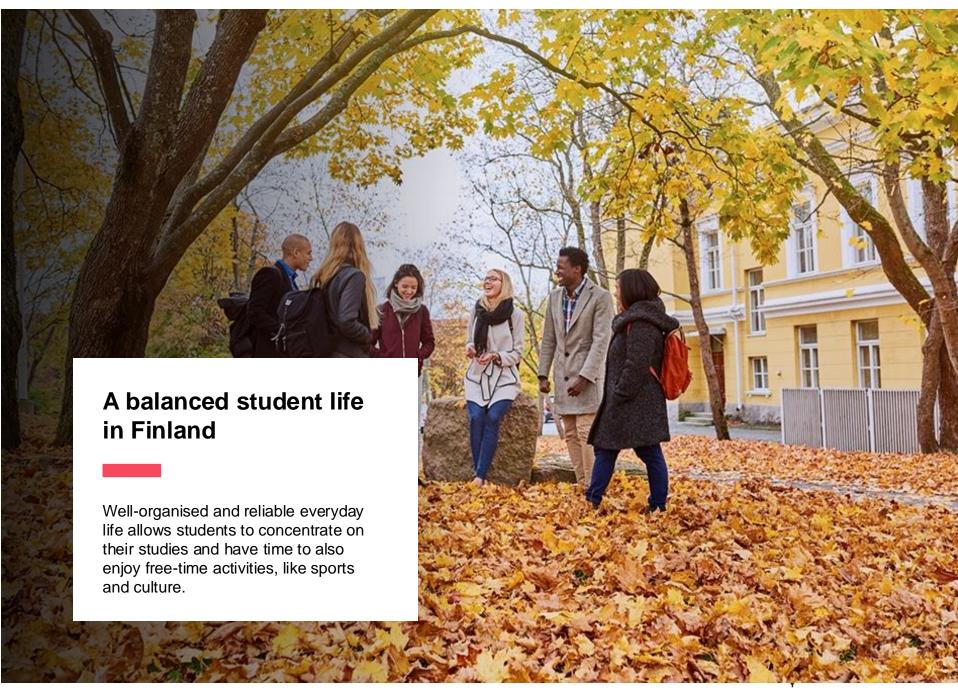


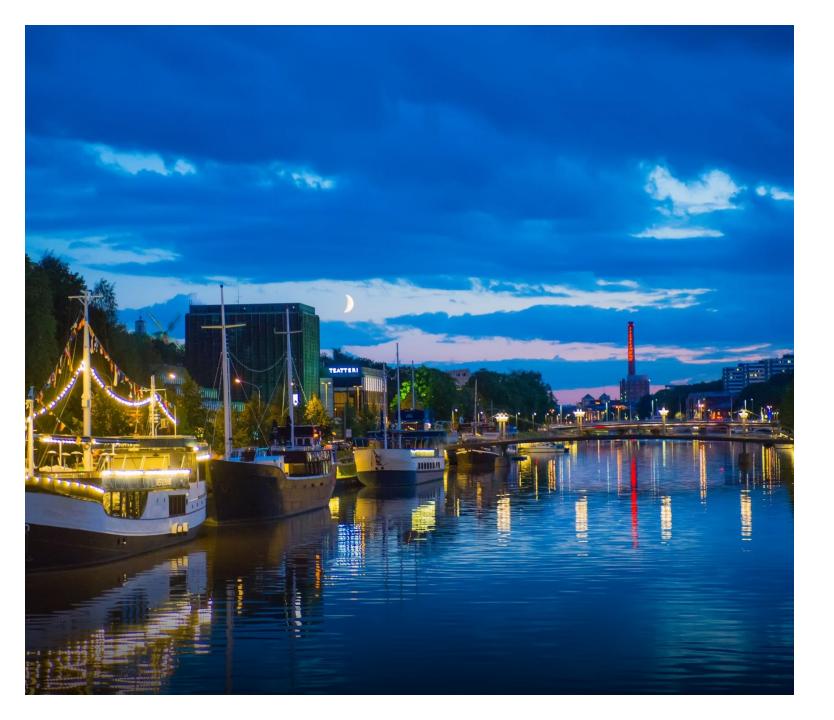
#### MODERN LEARNING ENVIRONMENTS



#### COZY AND BEAUTIFUL STUDENT CITIES







## Turku – the (b)oldest city in Finland

Turku, founded in 1229, is compact in size, perfect for exploring the exciting mixture of old and new.

- > Built on 7 hills one being the University Hill
- >The bridges and riverbank of the Aura River one of the most famous landscapes of Turku and Finland.
- > Seaside city and a gateway to the Finnish Archipelago, world's biggest island labyrinth made up of 40,000 islands.
- > The food capital of Finland.

@visitturku Instagram

# The vivid and compact Student City of Turku

Offers the best quality of life with reasonable living costs, many housing options, active academic community, vivid cultural life, and a variety of outdoor activities.

The city centre is full culture, and with a 15 minute drive you can explore the local national parks or the shores of the Baltic sea.

Services are near and you can easily get from one place to another by foot or by bike.

Every 5th citizen is a higher education student









# Support services

— support and services we offer to all degree students



## **Onboarding**



The University offers many services to ease your transition to University studies and life in Turku.

- Student tutors and (online) tutoring
- Teacher tutor and programme coordinator
- UTUstart and orientation
- Study guidance

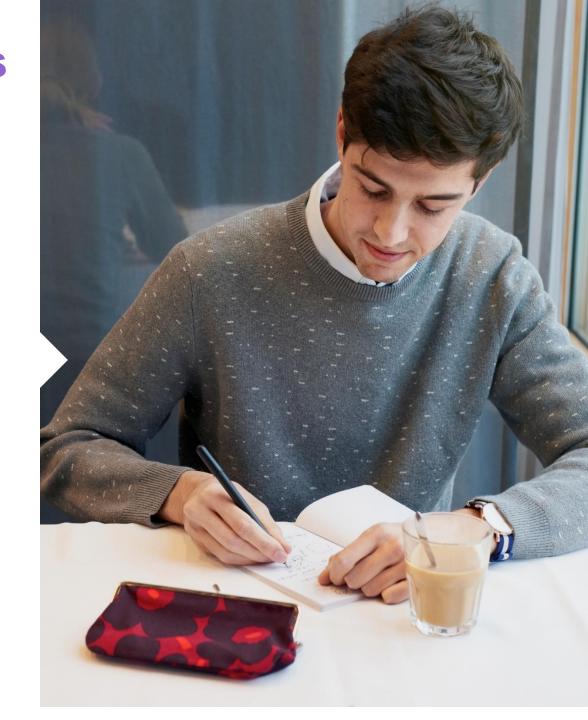




### Learning and study abilities

Your programme coordinator, study advisors, and teacher tutor will help you with your study planning.
Additional support for your learning and study abilities you receive from:

- Study psychologists
- Accessibility planners
- Centre for Language and Communication Studies
- University libraries





## Well-being



We hope to provide you with an environment that supports your well-being, helps you cope, and allows you to comfortably be yourself. Your physical and mental well-being directly affects your ability to study effectively. Support methods include:

- Early Support Contact Persons
- On My Mind –project and their Support Students
- Sports services (CampusSport)

Outside the University and campus:

Finnish Student Health Service





# Internships and professional development

Throughout your studies you grow as an expert and professional. The University wants you to find a meaningful internship, and offers its students an internship subsidy. Your teacher tutor can also discuss your future career goals with you, and there is plenty of other support as well:

- Career Services
- Mentoring programme
- Alumni relations
- Career events





## **Exchange studies**



You will have a chance to broaden your international experience even further than Finland by going on an exchange study period!

It is recommended to consider which exchange places would best advance your studies and career plans.

When you receive an exchange place from the International Office of the University of Turku, you always receive a grant for the exchange.





# **Student Union and Student Organisations**

The Student Union of the University of Turku (TYY) and the subject organisations offer students support, services, and the opportunity to influence the university's operations and student life.

The organisations also together maintain the social life of students and offer many events, gatherings, club rooms, and recreational equipment.

There are even hobby organisations for students who share similar free-time interests.



### Other services

- Scholarships for applicants: See Wednesday's webinar
   Funds and fees at 12 o'clock Finnish time.
- Student-friendly housing in Turku: Student Village Foundation (www.tys.fi).
- Friendship Programme to meet Turku locals (website)
- Counselling for international newcomers in Turku and support for integration: **International House Turku** (<u>www.ihturku.fi</u>).



# Time for questions!



Kiitos! Thank you!

utu.fi/degrees | utu.fi/apply | utu.fi/study-at-utu/meet-us