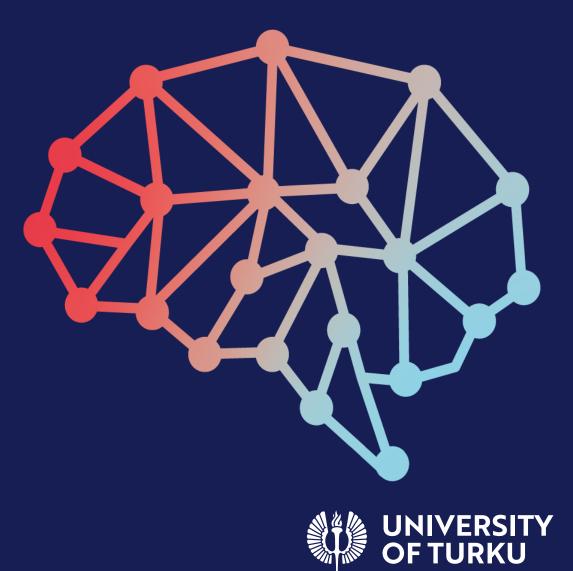
Master's degree in Human Neuroscience

19th November 2024

Albert Bellmunt Gil TBMC's Education Manager and Doctoral Researcher at Turku Brainlab





What do our students learn?

How to be a scientist



Thesis



Understanding brain functions



Measure human brain processes Design and manage research projects



Analyze behavioral and imaging data

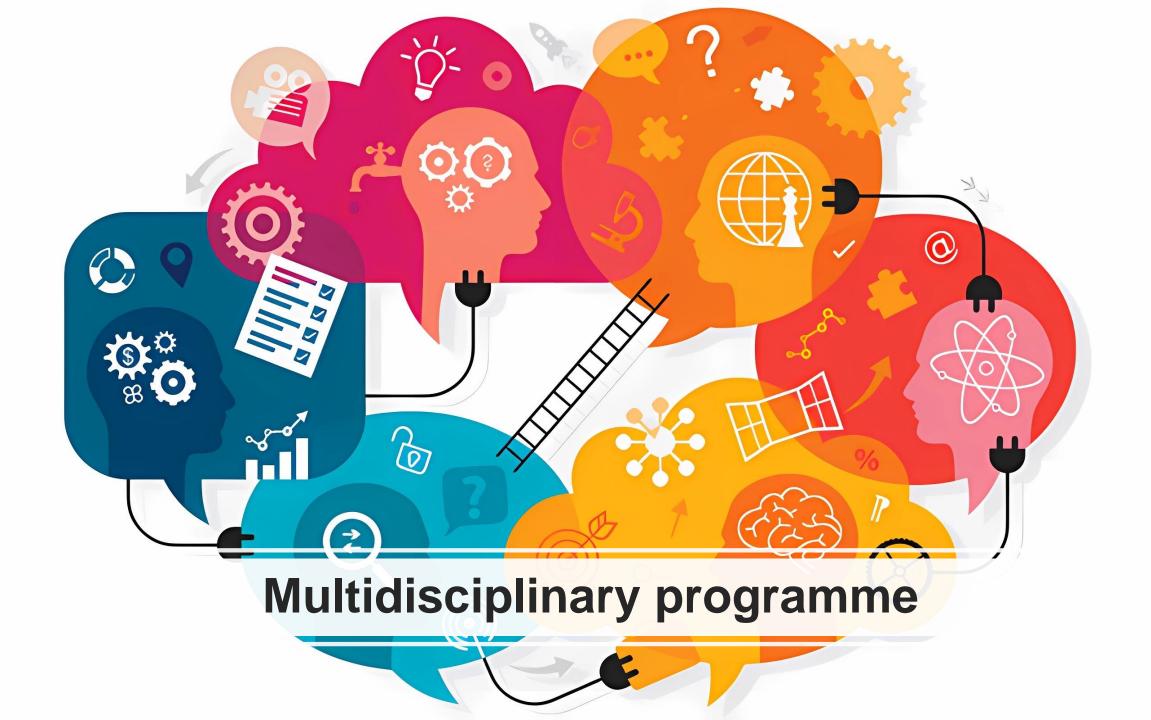


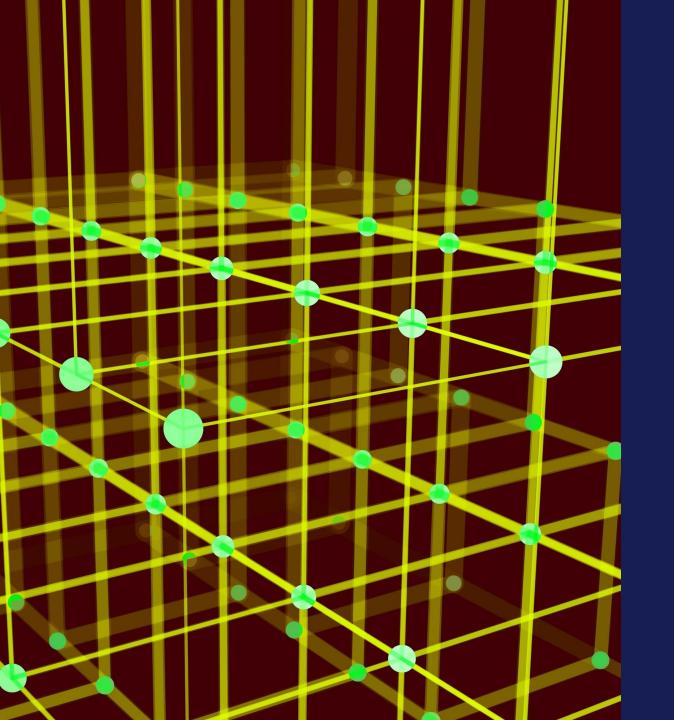
Interdisciplinary and international groups



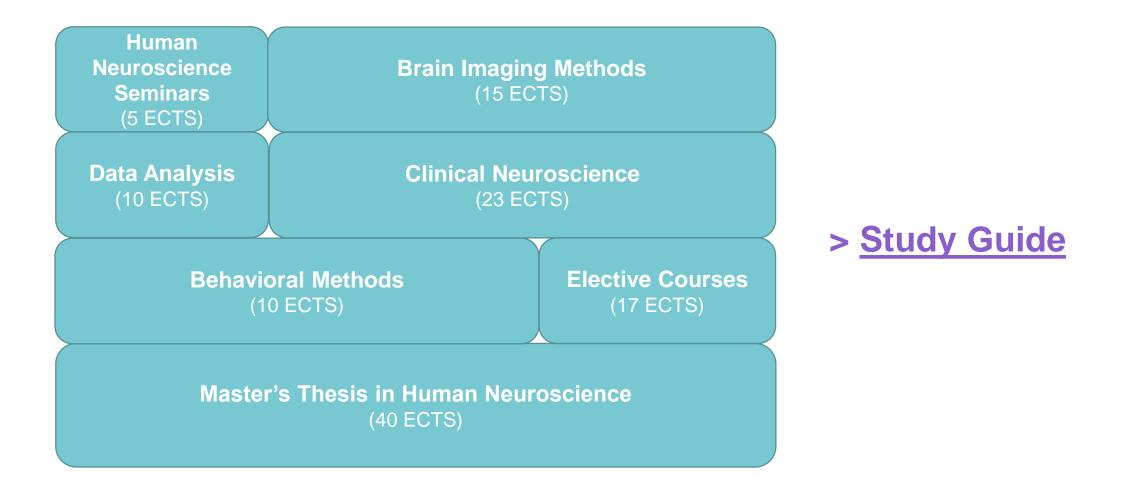
Pursuing a scientific career

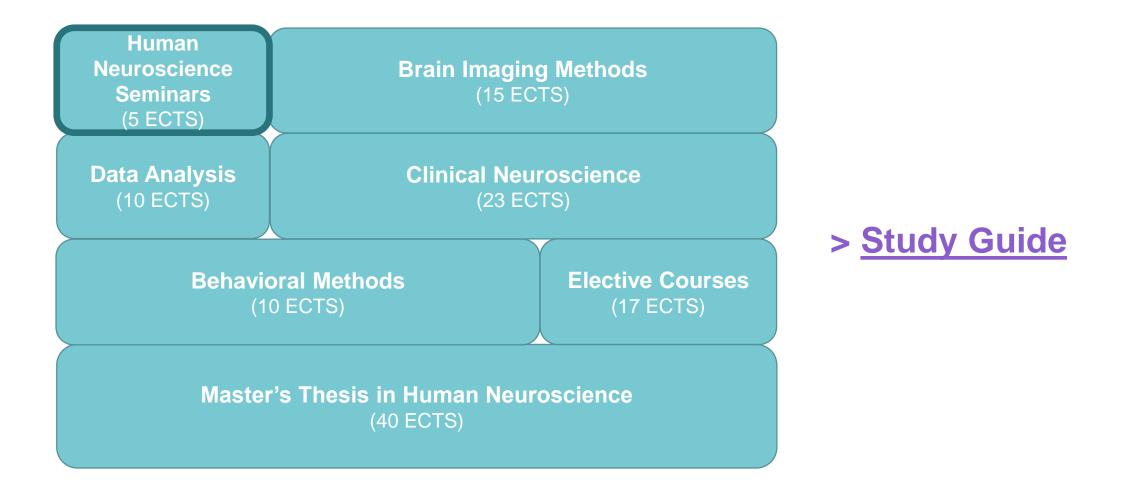




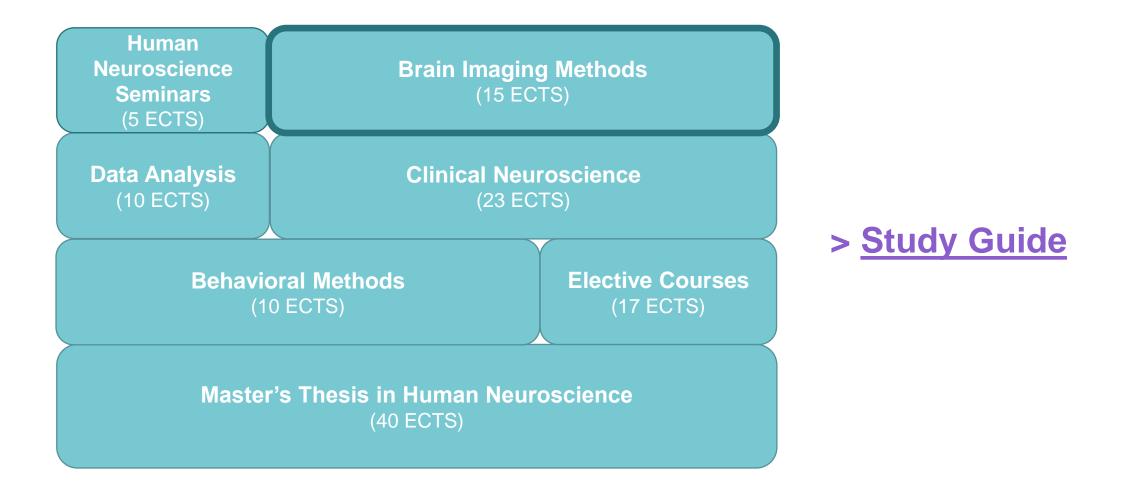


Programme's structure





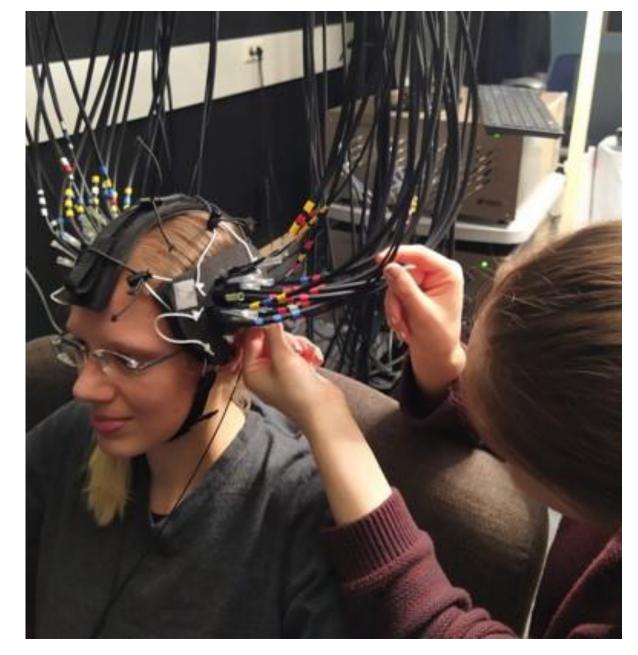
| Human Neuroscience Seminars | 5 |
|---|---|
| <u>Human Neuroscience Tutorial Group (in English)</u> | 2 |
| Human Neuroscience Career Seminar (in English) | 1 |
| Human Neuroscience Symposium (in English) | 2 |

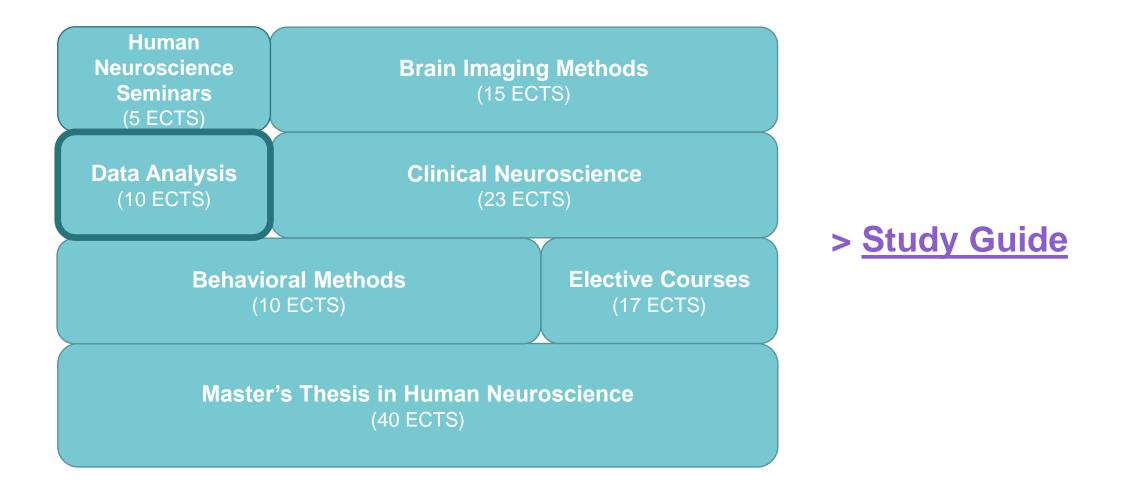


| Brain Imaging Methods | 15 | | |
|---|-----|---|---|
| PET basics (in English) | 2-3 | ~ | ~ |
| Brain Stimulation (in English) | 2 | ~ | ~ |
| <u>Electroencephalography (EEG) (in English)</u> | 3 | ~ | ~ |
| <u>Magnetic resonance imaging (MRI) (in English)</u> | 2 | ~ | |
| Seminars on Core Competences of Neuroimaging (in English) | 5 | ~ | |
| Turku PET Centre Brain Imaging Course (in English) | 5 | ~ | |
| TBMC Summer School of Neuroscience with MRI (in English) | 1-3 | ~ | ~ |

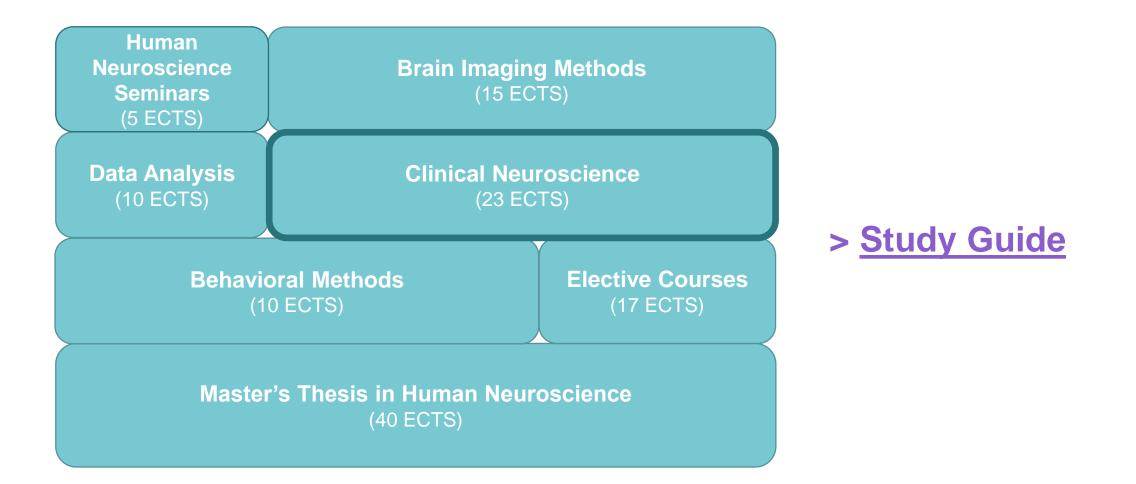




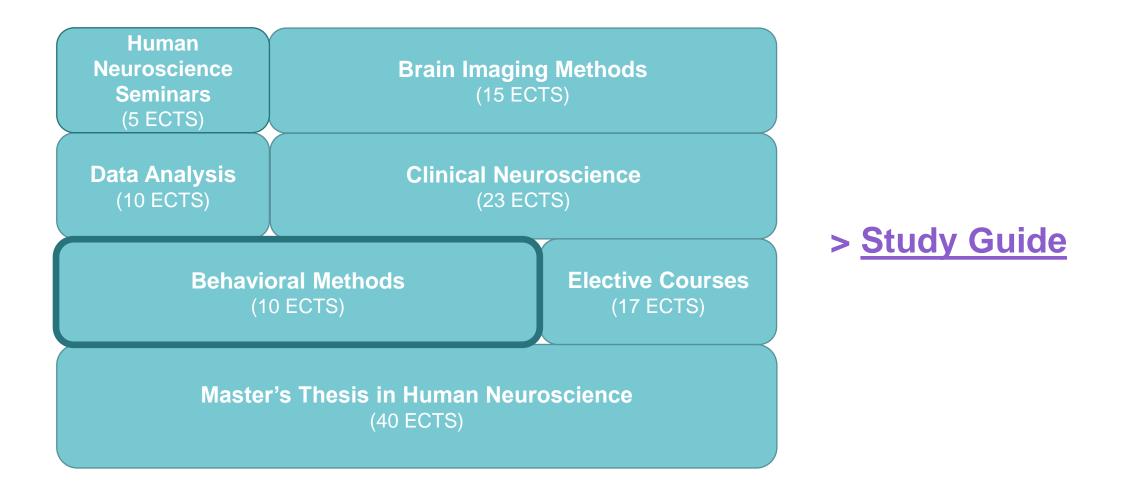




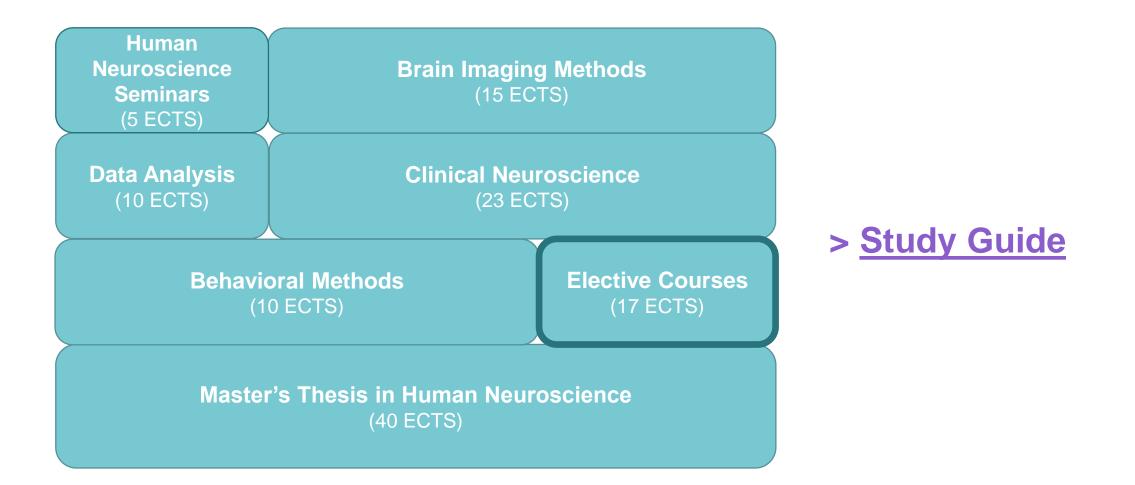
| Data Analysis | 10 | | |
|--|-----|---|---|
| Introduction to Programming (in English) | 5-6 | ~ | ~ |
| Statistical Data Analysis (in English) | 5 | ~ | ~ |
| Data Analysis and Knowledge Discovery (in English) | 5 | ~ | ~ |



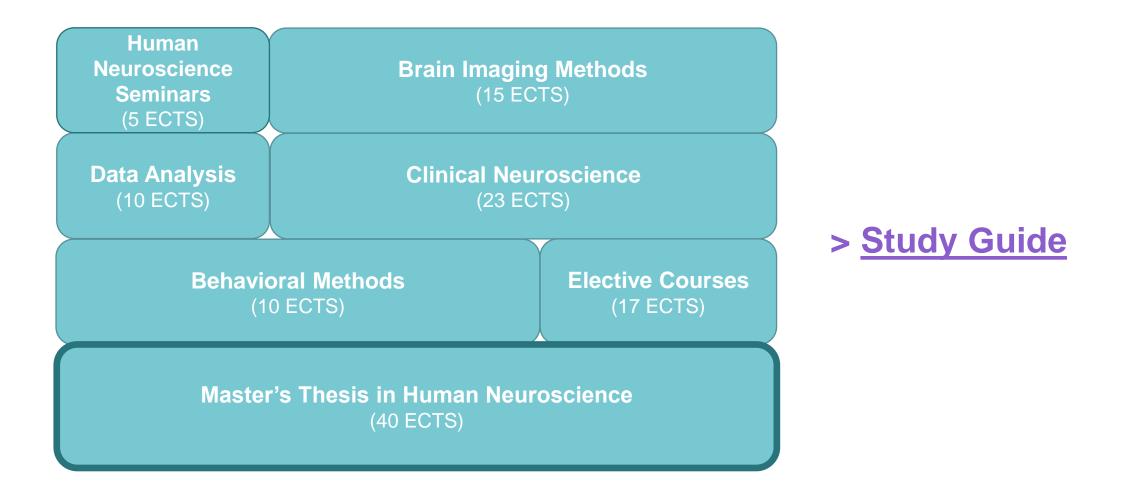
| Clinical neuroscience | 23 |
|--|----|
| Invitation to Neuroscience (in English) | 5 |
| Neurology for Neuroscientists (in English) | 5 |
| <u>Psychiatry</u> (in English) | 5 |
| <u>Clinical Neurophysiology (in English)</u> | 3 |
| <u>Neuropharmacology</u> (in English) | 5 |



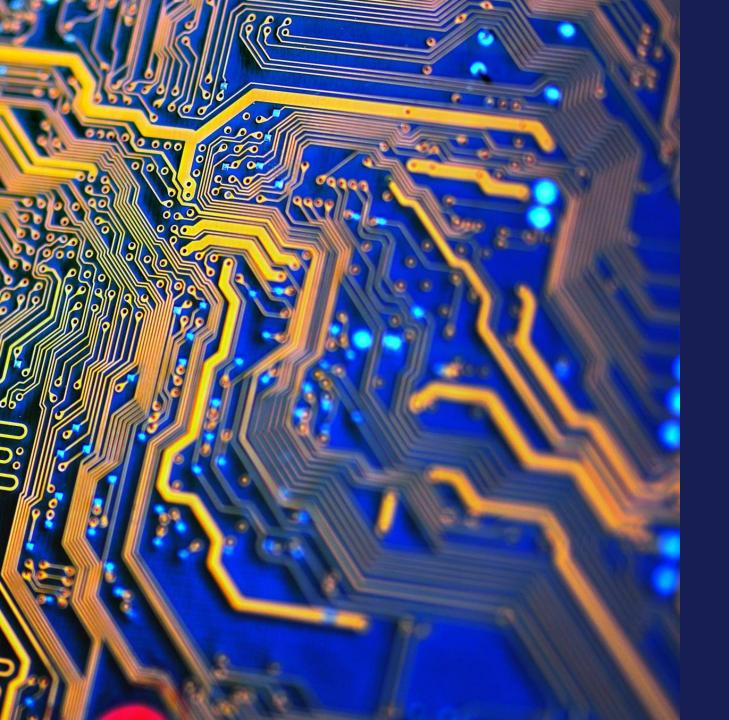
| Behavioral Methods | 10 | | |
|--|----|---|--|
| Psychophysics: Theory and Application (in English) | 5 | ~ | |
| Cognitive Neuroscience (in English) | 5 | ~ | |
| <u>Cognitive Psychology (in English)</u> | 5 | ~ | |



| Elective Courses | 17 | | |
|--|------|---|---|
| Nutrition and Brain (in English) | 5 | ~ | ~ |
| Human Neuroscience Research Project (in English) | 2-8 | ~ | ~ |
| Human Neuroscience Internship Program (in English) | 6-12 | ~ | ~ |
| Pedagogy in Human Neuroscience (in English) | 3-5 | | ~ |
| Imaging Dementia: Advanced Methods in Clinical Research (in English) | 5 | ~ | ~ |



| Master's thesis in Human Neuroscience | 40 |
|--|----|
| Master's Thesis in Human Neuroscience (in English) | 40 |



Electives



- Students have the freedom to choose whatever they like as their elective studies!
- Some recommendations can be found from the Study Guide
 - <u>Human Neuroscience Internship</u> (12 ECTS)
 - Nutrition and Brain (5 ECTS)
- ...but they can also browse through <u>Minor Subjects and</u> <u>Other Modules</u> offered in our University
 - For example: <u>Finnish Language Courses</u>!



- Recommended Electives

You can check the electives offered by TBMC through the study guide.

The following list contains examples of courses offered by other programs and suggested by TBMC's staff and former students. You can choose from this list or other courses you are interested in and are not listed.

Cognitive and Behavioral Neuroscience:

- <u>Consciousness and Brain</u>
- Evolutionary Psychology
- Image Perception and Cognition
- <u>The Speaking Brain</u>
- Neuroscientific Approach to Artistic and Practical Subjects (summer course at the University of Helsinki)
- Topics in Philosophy of Mind here

Translational and Clinical Neuroscience:

- Biomedical Ethics
- Introduction to Cell Biology
- Laboratory Animal Science
- Practical Training in In Vivo Imaging
- <u>Therapy Areas in Drug Discovery and Translational Medicine I</u>

Computer Science:

- Data Structures and Algorithms
- Introduction to R Programming Language in Computational Social Science
- Machine Learning and Pattern Recognition
- Percention and Navigation in Mobile Robotics





Students can also take courses from other universities in Finland!





Aalto University

UNIVERSITY OF HELSINKI

Tampere University



MDP for Human Neuroscience ELECTIVES

COGNITIVE & BEHAVIOURAL NEUROSCIENCE



- Image Perception and Cognition
 Evolutionary Psychology
- Consciousness and Brain
- Recovering Brain
- Nutrition and Brain
- Acquisition and Analysis of Biosignals

TRANSLATIONAL & CLINICAL NEUROSCIENCE

- Introduction to Cell Biology
- Therapy Areas in Discovery
- and Translational Medicine I
- Laboratory Animal Science
- J. F.
- Practical Training In Vivo Imaging

COMPUTER SCIENCE

- Data Structures and Algorithms
- Perception and Navigation in Robotics
- Robotics and Autonomous Systems
- Machine Learning and Pattern Recognition
- Data Analysis and Knowledge Discovery
- Introduction to Programming (Python)
- Introduction to R Programming Language in Computational Social Science
- Biological Data Analysis with R
- Beginner Data Analysis with Python for Human Neuroscience

5

COMPUTATIONAL NEUROSCIENCE

MDP for Human Neuroscience

ELECTIVES



- Tekoäly diagnostiikan, lääkekehityksen ja kuvantamisen palveluksessa
 Signal and Image processing
- The Mind and Artificial Intelligence

OTHER SUBJECTS

- Languages
 Finnish Beginners' Course I & II
 - Finnish Continuation Course I & II
 - Courses in Spanish, French, German, Italian... (some are taught in Finnish some in English, check the Study Guide)
- Topics in Philosophy of Mind
- Neuroscientific approach to artistic and practical subjects (summer course at the University of Helsinki)

GOOD TO KNOW

These electives are just ones that previous students have taken, there are many more! Check the Study Guide: https://opas.peppi.utu.fi/en/degree-studies/14002/o? period=2022-2024

You can also take some courses from other universities as JOO-studies: https://www.utu.fi/en/study-at-utu/joo

Open universities also offer courses you can take, for example during the summer. You can find these on the universities' websites.

If you have any questions, don't hesitate to email us! educo@utu.fi









Students



University of Turku is looking for academically inclined, motivated and independent students.

Students who are the best, fit for our programmes.





Research in Turku

Research Focuses in Turku

Translational Neuroscience

- Music in neurological rehabilitation
- Speech & language
 pathology
- Brain stimulation

Genetics in Neuroscience

- Epigenomics
- Epigenetics of child development

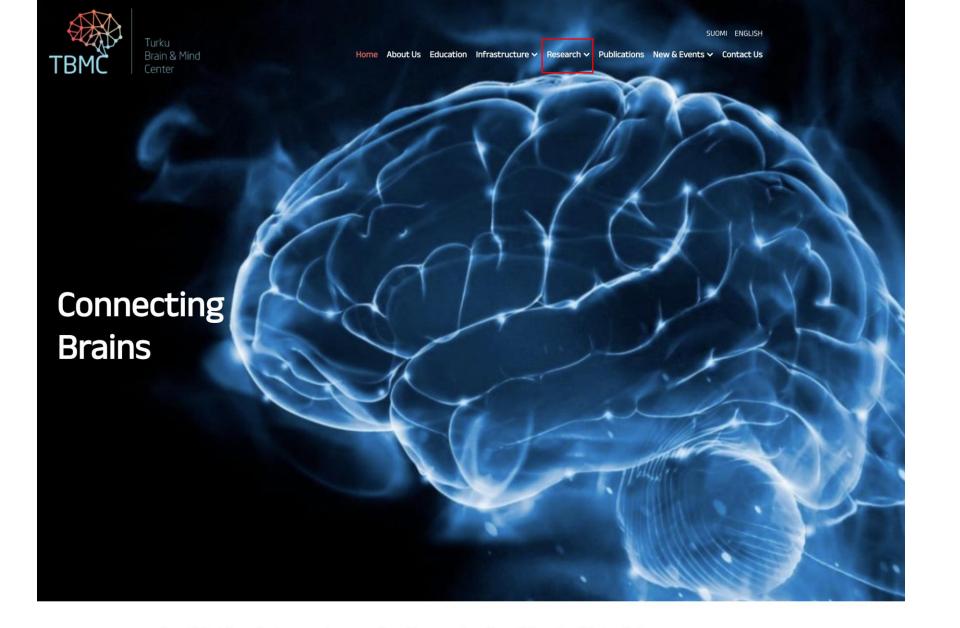
Cognitive & Behavioural Neuroscience

- Dreaming & consciousness
- Functional mechanisms of human emotion
- Measuring cognitive functions with videogames and eyetracking
- Memory & executive functions
- Sleep

Clinical Neuroscience

- Addiction
- Alzheimer's Disease
- Epilepsy
- Multiple Sclerosis
- Movement disorders
- TBI
- Psychotic Disorders
- Depression





tbmc.fi

A multidisciplinary brain research community with researchers from University of Turku, Turku University Hospital, and Åbo Akademi University

About US



Anesthesiology

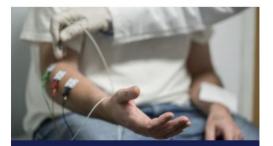


Basic & Translational Neuroscience



Neurology





Clinical Neurophysiology



Cognitive Psychology



Psychiatry

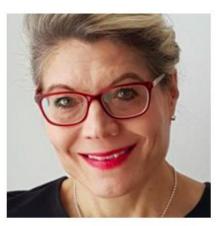


Speech-Language Pathology









MS Epidemiology Merja Soilu-Hänninen



<u>Neurofibromatosis</u> <u>Research Consortium</u> Juha Peltonen, Sirkku Peltonen



Neuroinflammation Research Group Laura Airas



Neuromuscular Disorders Manu Jokela



<u>Sleep & Cognition Research</u> <u>Group</u> Päivi Polo



<u>Sleep Disorders & Sleep in</u> <u>Menopausal Women</u> Tarja Saaresranta

What to do after the programme?

PhD

Research assistant

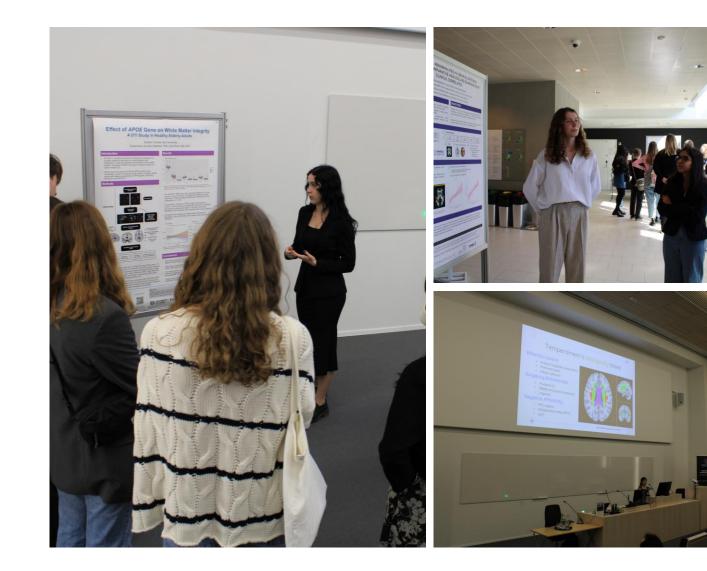
Private companies

Other

TBMC0003 Human Neuroscience Career Seminar



Events



Symposium

- Students present their theses
- They can choose a slideshow or poster format





Labs presentations

 Researchers from different labs come and present their topics to our students



Feedback session (EduCo)

- EduCo organizes a feedback session at the end of every semester so students can give feedback to each course
- Professors are also invited
- EduCo collects the feedback and makes a report, which is sent to the person in charge of every course



Networking event



Movie nights



Questions?







Turku Brain & Mind Center

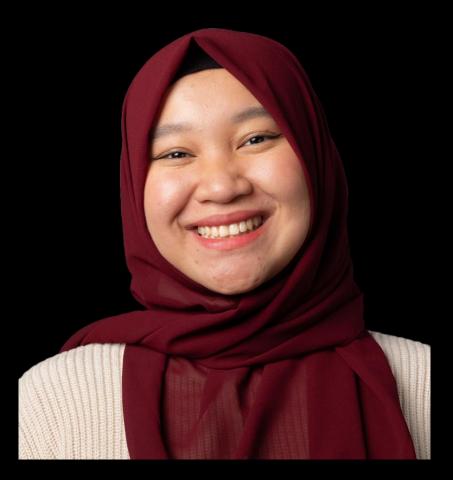


Welcome to Human Neuroscience!

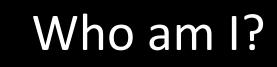
Hilyah Audah & Leonard Klar

Who am I?

- BSc in Psychology with Neuropsychology, Bangor University (UK)
- MDP in Human Neuroscience
- Doctoral Researcher at the FinnBrain Birth Cohort Study
 - Emotional development
 - fMRI
- Passion projects:
 - MDPHN Educational Committee
 Member
 - International Student Ambassador



Hilyah Audah



- BSc in Psychology with Business Psychology, Leuphana University (GER)
- MDP in Human Neuroscience
- HUNE tutor
- Aspiring Neuroscience PhD & lecturer



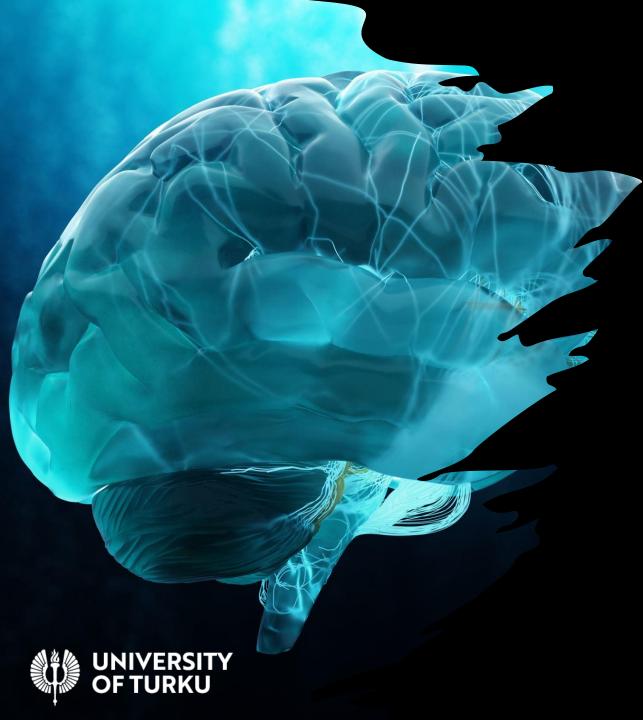
Leonard Klar

Outline

- What do we learn?
- Teaching
- Thesis
- Challenges and Tips
- Work-Life-Balance
- Networking







What do we learn?

- The brain throughout the lifespan
 - Brain growth and development
 - Mechanisms in the brain
 - Brain and Body
 - Diseases & Disorders
 - Treatments
- Hands-on practicals and tutorials
 - Behavioural methods
 - Clinical neurophysiology
 - Neuroimaging methods (fMRI, DTI, EEG, TMS, etc)
 - Neuroimaging data processing
- Research!



Elective Courses Clusters

MDP for Human Neuroscience **ELECTIVES**

COGNITIVE & BEHAVIOURAL NEUROSCIENCE

- Image Perception and Cognition
 - Evolutionary Psychology
 - Consciousness and Brain
 - Recovering Brain
 - Nutrition and Brain
 - Acquisition and Analysis of Biosignals

TRANSLATIONAL & CLINICAL NEUROSCIENCE

- Introduction to Cell Biology
- Therapy Areas in Discovery and Translational Medicine I
- Laboratory Animal Science
- Practical Training In Vivo Imaging



COMPUTER SCIENCE

- Data Structures and Algorithms
- Perception and Navigation in Robotics
- Robotics and Autonomous Systems
- Machine Learning and Pattern Recognition
- Data Analysis and Knowledge Discovery
- Introduction to Programming (Python)
- Introduction to R Programming Language in **Computational Social Science**
- Biological Data Analysis with R
- Beginner Data Analysis with Python for Human Neuroscience





- ja kuvantamisen palveluksessa
- Signal and Image processing
- The Mind and Artificial Intelligence

OTHER SUBJECTS

- Languages
 - Finnish Beginners' Course I & II
 - Finnish Continuation Course | & II
 - Courses in Spanish, French, German, Italian... (some are taught in Finnish some in English, check the Study Guide)
- Topics in Philosophy of Mind
- Neuroscientific approach to artistic and practical subjects (summer course at the University of Helsinki)

*These clusters are suggestions and are not official minors

Made by:











Teaching

- Professors from a range of backgrounds and interests
- <u>TMBC</u> is an umbrella unit comprising of research groups from UTU and Åbo Akademi with ties to Turku University Hospital (TYKS)
- TBMC is part of the <u>Network of</u> <u>European Neuroscience Schools</u> (NENS)
- Neurocenter Finland
 - Turku Brain and Mind





Neurocenter Finland Turku Brain & Mind



Thesis: What are you interested in?

Joonas Karhula: Association between cognition and cortisol in peri- and postmenopausal women

Hilyatushalihah Kholis Audah: Neural Networks in Early Fear Bias Development: A Study of Infants

Asuka Toyofuku: Effortful Control is associated with white matter integrity in 5-year-old

Daniel Suchy: EEG correlates of awareness of vocal errors in selfproduced speech

Zoe Pallaris: The Relationship Between Personality and the Perception of the Ambiguous Necker Cube Stimulus

Alli Pätynen: Is mind-wandering detrimental? Ecological momentary assessment study on the effects of psychological wellbeing, meditation, and psychedelics on mind-wandering

Ashmeet Jolly: Predicting Speech Disfluency in Five-Year-Olds using Gray Matter Volume

Matilda Kuusi: Microglial Activation in Individuals with post-COVID-19 Condition Experiencing Neurological Symptoms

Aleksandra Nikolaeva: Effects of medical cannabis compared to opioids on pain experience in patients with chronic pain

Tenzing Dolmas: An Eye for AI: A Multimodal Bottleneck Transformer Approach for Predicting Individual Eye Movements

Niina Chaar: Microglial Activation in Individuals with post-COVID-19 Condition Experiencing Neurological Symptoms

Sampo Tanskanen: EEG correlates of auditory awareness in level of processing

Lilja Parkkali: Associations between adverse life events and brain type 1 endocannabinoid receptor availability

Mariia Shibanova: White Matter Abnormalities in Cervical Dystonia: A TBSS-Based Comparative Analysis and Examination of Clinical Correlates

Ida Steinweg: Structural Connectivity Analysis of Stroke Lesions Causing Hemiparesis

Myrthe Tileman: Towards bidirectional lower limb prostheses: restoring proprioception using EMG based vibrotactile feedback

Claudia Tato Fernández: Effect of APOE Gene on White Matter Integrity: A DTI Study in Healthy Elderly Adults



Challenges

- 1. Some courses are really hard, and some are quite easy.
- 2. Completely new subjects, or familiar ones.
- 3. Some courses are entirely self-taught.
- 4. Coding skills are not required, but basic knowledge is recommended.
- 5. (Finnish winter)

Tips

- 1. Consult with the education manager for RPL
 - Study groups
 - Plan ahead
- 2. Read through the guidelines before you start looking for a supervisor.
 - When approaching research groups, ask what is expected of you/of the project
- 3. Try to do your electives in the first year
 - Start your thesis work through a summer internship/ start in August after your first year.
- 4. Socialize early (Tutors will help)

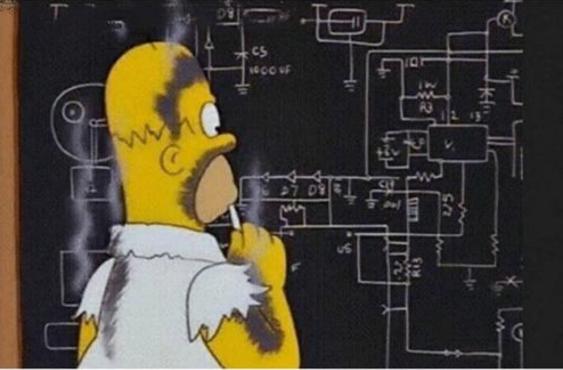




Work-life Balance

- Treating your studies like a job
 - 9-5, weekends off
- Plan ahead
- Its ok to say no to your supervisor :')
- Schedule fun in your calendar too!
- Many student organizations
- Campus Sport

When you're trying to find enough time to go to the gym, go to work, have social life and get enough sleep



The struggle is real.













Neurocenter Finland Turku Brain & Mind



Networking

- TBMC Networking Event
- TBMC Movie nights
- Brain Breaks by Neurocenter Finland
- EduCo Feedback Events
- Human Neuroscience Symposium
- Study and Stay in Turku
- Business Finland



Questions?

Thank you!

